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TRADEWINDS

The Community Newspaper Since 1972 • St. John, U.S. Virgin Islands

Cruz Bay Fire Guts Cafe Roma

Smoke was seen billowing out of the second story windows of Cafe Roma, right, on Sunday afternoon, April 21, as firefighters extinguish the blaze.

**SEE STORY AND
ADDITIONAL PHOTOS
ON PAGE 3**



St. John Tradewinds News
Photo by Kevin McCarthy

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Wharfside Starting To Charge for Parking



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KATS St. John Dinghy Raffle



St. John Tradewinds News Photo by Jaime Elliott

One lucky winner will take home this inflatable dinghy and 15 hp outboard motor. Tickets are \$5 each or five for \$20 and are available from Kids and the Sea, St. John students, St. John Hardware and Connections East and West. Funds raised from the raffle will support youth sailing on St. John.

Second Ever Donkey Softball Game May 11

By Jaime Elliott
St. John Tradewinds

Dust off those baseball mitts and practice that swing, the second ever St. John Donkey Softball game is set for Saturday, May 11, at the Coral Bay ball field.

Hosted by Dana Bartlett owner of the Carolina Corral with help from the Rotary Club of St. John, the second Donkey Softball game day, starting at 11 a.m. on May 11, will feature fun for the whole family.

Bartlett organized the first ever donkey softball game last year to rave reviews. Team members swing for the fences and then must either ride or walk a don-

key around the bases. The game usually takes a few unexpected twists and turns and no one walks away without a smile on their face.

In addition to the one-of-a-kind softball game, the afternoon will feature sack races, tug-of-war and pony rides for the little ones. Food and drinks will also be on sale.

Residents are invited to come on out to the ball field and take in all the action. Or, better yet, sign up for a team or volunteer to help out in the field.

For more information or to register for a team, call Bartlett at (340) 693-5778 or talk to any Rotary Club of St. John member.

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Town Meeting Set for Thursday, May 2

Senator Donald Cole and the St. John Community Foundation are hosting a Town Hall meeting at the St. John Legislature Annex in Cruz Bay on Thursday, May 2, from 5 to 7 p.m.

Next Green Thursdays Seminar May 2

IGBA and GHS's EARTH program will host a presentation by Dr. Barry Devine, "A Naturalist's Journey from Ridge to Reef: Virgin Islands Resources Worth Protecting" on Thursday, May 2, at 5:30 p.m. at the GHS Upper Campus atrium. This is a potluck event, and all are welcome.

MKSCHC Hosting Bake Sale on May 3

Myrah Keating Smith Community Health Center officials are hosting a bake sale on Friday, May 3, from 9 a.m. to 2:30 p.m. Stop by MKSCHC and pick up a few treats while helping the staff raise funds for the celebration of Myrah Keating Day on May 16. There will be goodies, from breads and cakes to cookies and tarts.

Women Empowerment Workshop May 3

Join Senator Jeanette Millin Young, her team of dedicated staff and women of St. John as the group strives to empower each other to be the best. The group will meet at the Fish Trap in Cruz Bay on Friday evening, May 3. For details call SJCF at 693-9410.

UVI-CELL Hosting Excel Workshop

University of the Virgin Islands' Community Engagement and Lifelong Learning Center is hosting a one-day workshop for individuals interested in becoming proficient with the features and techniques of Microsoft Excel.

The workshop will be from 9 a.m. to 4 p.m. on Saturday, May 4, at the UVICELL Center on the UVI St. Thomas Campus.

In this hands-on workshop, participants will learn the basics of using Excel including how to create, save and print spreadsheets, modify worksheets, format cells and master the formulas and functions that make working with Excel much easier.

For more information or to register, call 693-1100 or visit UVI-CELL on-line at <http://cell.uvi.edu>.

St. Ursula's Multipurpose Center Fundraiser Is May 11 at Maho Camps

St. Ursula's Multipurpose Center is hosting a fundraiser on Saturday, May 11, from 3 to 6 p.m. at Maho Bay Campground in the dining pavilion. Call (340) 693-8580 for more information.

AIA Sustainable Design Workshop Set

Coral Bay Community Council is hosting an American Institute of Architects Sustainable Design Workshop focused on community visioning Wednesday, May 29, to Friday, May 31.

The workshop will offer public meetings on the evenings of May 29 and May 31 as well as smaller group special purpose meetings during the days. The meeting times and places will be announced.

All residents and property owners in Coral Bay are encouraged to participate in these community visioning sessions. Please mark those calendars. More information will be available soon. Volunteers are being sought to assist with the logistics.

Anyone who would like to help should call 776-2099.



St. John Tradewinds News Photos by Kevin McCarthy and John Hiebert



As smoke filled the sky outside of Cafe Roma in Cruz Bay, all that was left inside were charred remains of the popular Italian restaurant.

Cafe Roma Gutted by Fire, No Injuries Reported as Afternoon Flames Engulf Cruz Bay Restaurant

By Jaime Elliott
St. John Tradewinds

When the Cafe Roma crew locked the doors to the popular Cruz Bay Italian restaurant on Saturday night, April 20, around 11 p.m., they had no way of knowing it would be the last time they would see customers for at least the foreseeable future.

By the next day, the restaurant would be completely gutted by fire.

Although no one was injured in the blaze, the incident shuttered the doors of one of the most popular restaurants on St. John. The fire also put out of work the recipient of the V.I. Small Business Development Center's St. John Small Business Owner of the Year, not to mention his staff of nine dedicated employees.

About 1:45 p.m. on Sunday,

"I am so grateful to the Woody's and Castaways guys for jumping in so quickly and for all their help. I'm also sorry to the businesses who were affected by this tragedy because the power had to be shut off in the area, including Woody's Castaways, Rhum Lines, La Tapa and Joe's Diner."

— John Hiebert, Cafe Roma owner

April 21, Cafe Roma owner John Hiebert got a phone call from an employee with the news that the restaurant was on fire, he explained.

"We were open on Saturday night and we locked up around 11 p.m. like we normally do," said Hiebert. "At 1:45 p.m. on Sunday afternoon, it burst into flames.

Someone saw our bartender and told him and he called me."

Since Hiebert and his family live on St. Thomas, however, it would be a few more hours until he could get to the restaurant.

"I couldn't get over there until the 3 p.m. ferry," said Hiebert. "We were sitting at Red Hook and you could see the smoke. Then we were

sitting on the front of the boat going across the sound and getting closer and closer, and it was just all smoke."

When Hiebert's ferry arrived in Cruz Bay, St. John residents made sure he knew they cared.

"Then the boat got into Cruz Bay and there were so many people who knew we were coming over and met us at the ferry, it was amazing," said Hiebert. "We could hear people talking about the restaurant on the ferry and crying about the fire. It was pretty unbelievable."

As soon as smoke was detected coming from the second-story restaurant located across the street from Bayside Mini Mart and above Joe's Diner, nearby business owners jumped to action, Hiebert explained.

"There are some good things; no
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NEXT DEADLINE

Thursday, May 2nd

NEWS LINE

340-776-6496

E-MAIL

editor@tradewinds.vi



St. John Tradewinds News Photos by Andrea Milam

Westin Resort and Villas employees, along with a few family members, pitched in to clean up the roadway near Jacob's Ladder on Earth Day.



Westin Resort Employees Clean Jacob's Ladder Area

By Jaime Elliott
St. John Tradewinds

St. John got spiffed up last week thanks to residents across the island marking the 43rd annual celebration of Earth Day.

From the North Shore to Estate Concordia, residents and visitors alike helped to remove trash and learn about eco-friendly

building on the island.

On the south shore, Westin Resort and Villas employees removed about 18 bags of litter and garbage from the Jacob's Ladder and Great Cruz Bay area.

A total of 17 employees volunteered to help clean the road. The crew started at the top of Jacob's Ladder and worked its way all

the way to the Estate Chocolate Hole dumpsters past the resort, explained Westin human resources manager Ceclie Worrell.

"We collected 18 big bags of garbage," said Worrell. "We removed three big tires, a bucket of cement and an old BBQ grill. It was a lot of stuff and a lot of heavy stuff too."

Westin officials routinely host quarterly clean-ups and coordinated this last one to coincide with Earth Day, Worrell added.

"We had a great time and everyone enjoyed themselves," she said. "We were really happy that so many employees volunteered their time to help. It was great to have so much enthusiasm."



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St. John Tradewinds News Photos by Andrea Milam

Caneel Bay Resort's Patagon Dive Center volunteers made sure the underwater area near the resort was not forgotten on Earth Day.

Patagon Dive Shop at Caneel Bay Resort Host Underwater Cleanup for Earth Day

By Jaime Elliott
St. John Tradewinds

The reefs and sea floor near Caneel Bay Resort are cleaner this week thanks to volunteer scuba divers who removed trash from the underwater areas on Earth Day, Monday, April 22.

This is the fourth year in a row Caneel Bay Resort's Patagon Dive Center owner Arnoldo Falcoff has hosted an Earth Day underwater cleanup. Thanks to support from both the Caneel Bay Resort staff and Falcoff's staff, the annual Earth Day dive has become an anticipated tradition.

"What we do is pass the word around and Caneel has been great too by offering hotel guests who volunteer a rebate on their room rates," said Falcoff. "Also a lot of the Caneel employees and our dive employees come out every year to help with the clean up as well."

Diving in waters around Caneel Bay, the volunteers were able to remove items like plastic bags, fishing line and more from the sensitive marine area.

"We find plastic in the forms of

bags and cups and spoons," said Falcoff. "And then we find a lot of fishing line and also a lot of broken bottles and things that fall off the dock or off boats in the water. We also see some metal objects as well."

With sea turtles often spotted in the area, the plastic bags Falcoff and the divers removed will make a big impact, the dive shop owner explained.

"The plastic is really the big problem because the sea turtles in particular like to feed on jellyfish and the bags look like jellyfish," he said. "It's not good for them to eat that."

In addition to removing trash from the waters around Caneel, Falcoff and the volunteer divers were also on alert for the invasive lionfish, he explained.

"This year we extended our cleanup to include lionfish, so we scoured the area and looked for them," said the Patagon Dive Shop owner. "We didn't find any that day, but we look for them on every dive. They seem to be concentrating on some reefs more than others

and we're not sure why."

"Every time we see lionfish on one of our dives, we kill them," said Falcoff.

What Falcoff and his volunteers don't remove during their Earth Day dive or any dive are items which have marine growth on them, he added.

"Once there is marine growth on a metal object or something, that kind of has developed its own ecosystem so we don't touch that," said Falcoff.

Because this year's underwater clean up did not attract the number of volunteers Falcoff has seen in the past, the dive shop owner has extended the Earth Day festivities this year.

"I guess we didn't get the word out as well as we had hoped this year so we've extended the clean-up to other days," said Falcoff. "When we have a chance, we'll continue to clean the area. We're making Earth Day every day at Patagon Dive Center."

For more information on the Patagon Dive Center, call 776-6111, ext. 7290.

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Tradewinds News Photos by Bill Stelzer

Residents and visitors learn about marine resources at Reef Fest.



Residents Learn About Lionfish Threat, Runoff Effects and More at Reef Fest

By Jaime Elliott
St. John Tradewinds

Residents of all ages learned how to help protect the island's sensitive marine resources during Reef Fest on Saturday, April 20, at Trunk Bay.

Hosted by Friends of V.I. National Park, the informative beach party was part of the group's celebration of Earth Day, explained Friends' program manager Karen Jarvis.

"Reef Fest is basically the marine component to Earth Day,"

Jarvis said. "We had presenters from a lot of different government and non-profit agencies who came out to educate our visitors as well as local residents on what we can do to minimize the impact we have on the ocean and reefs."

While the event included activities and information for all ages, Jarvis hoped the message especially resonated with the island's youngest residents, she added.

"It's really geared to all ages, but I do like to connect with the children," said Jarvis. "A huge component of my job is to reach out to the young people and educate them about these issues. They are the future of the island and they are the ones who are going to make a big difference."

Reef Fest attendees learned how even just making small changes can have a big impact on the health of reefs, Jarvis explained.

"Just making little changes in the way that we live can make big impacts on the environment," she said. "Something as simple as keeping the beaches clean is huge. A lot of trash is left on our beaches and that has a really negative impact."

VINP recently banned smoking at all beaches and Jarvis hoped Reef Fest attendees understand what prompted officials to make that new regulation.

"A lot of people stick their cigarette butts in the sand and don't realize that the chemicals get into the sand and into the ocean and create major problems for the fish and other wildlife," said Jarvis. "That's an example of one small thing, don't put your cigarette butts in the

sand, that can really minimize our impact on the environment."

Reef Fest attendees also learned about the threat posed by lionfish, Jarvis explained.

"There was a big push for educating and controlling the lionfish threat," she said. "A lot of people know they are supposed to look out for lionfish, but they don't understand the threat. They know it's a problem and they know about the poisonous spines, but they don't know why lionfish are harmful really."

"The real threat is that they eat the fish that keep our reefs alive," said Jarvis. "They pose a big threat to the health of our reefs which could be devastating."

Government officials at Reef Fest also shared information about environmentally friendly building practices and how to prevent runoff, Jarvis explained.

"Department of Planning and Natural Resources had a table and they talked about building and development," said the Friends' program manager. "They discussed erosion and the watersheds and how to prevent flooding and runoff into the ocean. I think a lot of people really took that information in."

While the day was windy and cloudy, the event still drew a small crowd, Jarvis added.

"It was not a beach day," she said. "But despite the windy and blustery day, we still had a slow, steady trickle of people and we were happy to share the information with everyone who came by. I think everyone was interested and learned something."









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Community Impact Meeting Draws 75+ Residents Ready To Make Difference

By Jaime Elliott
St. John Tradewinds

St. John Community Foundation executive director Celia Kalousek was hoping the group's annual meeting on Thursday, April 18, at the Bethany Moravian Church Hall would draw a crowd, but even she was impressed with this year's attendance.

"We had more than 45 different organizations represented and more than 75 people at this incredibly productive dinner meeting," said Kalousek.

As soon as the meeting got underway, Kalousek made certain the group understood the importance of the evening.

"It is one thing to say you care about what is happening on this island, and another thing to show up and do something about it," Kalousek told the group. "You are the people who are doing things. Each one of you is here because you care about improving the health and well-being of the St. John community now and for future generations."

The crowd broke up into small working groups focused on Youth Development, Health and Human Services, Environment and Ani-

mal Welfare and Community Enrichment.

Although working on different agendas, the general goal of the meeting was to establish a community-wide action plan for securing and allocating resources of talent and funding to fulfill specific needs, Kalousek explained.

"The purpose of tonight's meeting is to start the compilation of a comprehensive list of who is doing what so we can find gaps in services, avoid duplication of efforts, combine and direct talents to fill existing needs in St. John, combine and direct funding to accomplish fulfillment of those needs," the SJCF executive director said. "Tonight is the start of creating the big picture."

Kalousek made sure that attendees understood that she was open to all suggestions and ideas.

"No idea is too big and no need is too small," she told the group. "Just put it out there!"

Each work group was given color-coded Post-it notes to write down specific projects along with estimated costs.

After discussion, group members posted the notes on a collaborative "Impact Board" under one

"It is one thing to say you care about what is happening on this island, and another thing to show up and do something about it. You are the people who are doing things. Each one of you is here because you care about improving the health and well-being of the St. John community now and for future generations."

— Celia Kalousek, SJCF Executive Director

of three time-frames: immediate (within a year); short-term (one to three years); and long-term (more than three years).

Kalousek encouraged group members to not be shy, she added.

"I encouraged everyone to share their skills, resources and knowledge for bottom line impact for St. John," she said. "I asked people, 'Do you know where one of your work group members can get that piece of equipment they need, and do you know the perfect person to fulfill the volunteer needs brought up at the table?'"

"Several of the needs were filled immediately," Kalousek said.

St. John School of the Arts officials, for example, posted a need for a tripod for their camera and a

projector, Kalousek explained.

"I remembered that I have one in storage that I haven't used in years and am giving it to them," said the SJCF executive director. "There may be several more instances where someone reads the list and realizes they can 're-source' an item by donating it to an organization that needs it. I've always loved the saying, 'One man's junk is another man's gold.'"

"I look forward to being able to post and maintain an ongoing list of specific items needed in the community and being able to facilitate exchanges," said Kalousek.

The groups were able to identify a wide range of priorities from researching a community health

insurance plan to recruiting volunteers for the October 14 Just Play Day, Kalousek explained.

"There was almost unanimous agreement on the need for extra-curricular activities for youth as well as recreational, educational and vocational facilities on St. John," she said.

The list of priorities created by SJCF's Impact Group will be shared with senators and other attendees at this Thursday's Town Hall Meeting at the Cruz Bay Legislature annex building and will also be available on line, explained Kalousek.

"These priorities will also be listed on the SJCF website, www.sjcf.org, in a format that will allow for further input and potential collaboration," she said.

SJCF also wants to keep the momentum from residents ready to make a difference going, Kalousek added.

"We are in the process of organizing a follow up to this successful event and look forward to expanding the circle," she said.

For more information about SJCF, the Impact Group meeting and how to get involved, call Kalousek at 693-9410.

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St. John Tradewinds News Photo Courtesy ofcourtesy of Wha' Sup VI

St. John residents Thias Taylor, above at left, and Nate Ford were the first male and female finishers in this year's Stand Up Paddle VI 2013 Carnival Race.

SUP VI 2013 Carnival Race Results

Overall Results

- 1-137 Nat Ford STJ (Men's 1st)
- 2-117 Eric Walker (Men's 2nd)
- 3-119 Dean Dunham (Men's 3rd)
- 4-131 Gary Francis
- 5-*135 Colin Butler (TRIDEM)
- 5-*136 Lily Francis (TRIDEM)
- 5-*135 Adrienne Baird Butler (TRIDEM)
- 6-133 Mark Hume
- 7-114 Alain Berry
- 8-141 Adam Quant
- 9-143 Terry Stevens
- 10-126 Bradley Suddith
- 11-139 Thais Taylor (Women's 1st)
- 12-*113 Todd Clements (Tandem 1st Place)
- 12-*118 Hannah Clements (Tandem 1st Place)

- 13-122 Kevin Lenahan
- 14-124 Lukata Samuel
- 15-132 Josh Slayton
- 16-*116 Gail Vento (Tandem 2nd Place)
- 16-*115 Abigail Wilson (Tandem 2nd Place)
- 17-*128 Tyler Maltby (Tandem 3rd Place)
- 17-*129 Carter Maltby (Tandem 3rd Place)
- 18-121 Meg Shehan (Women's 2nd)
- 19-123 Sharie Smyth (Women's 3rd)
- 20-127 Jay Mumm
- 21-101 Debbie Dunham
- 22-140 Mariel Brass
- 23-130 Erin McNaught
- 24-125 Sally George
- 25-134 Caryl Ayn Mitchell
- 26-120 Denise Francois



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St. John Tradewinds News Photo File

Electric vehicles and hybrid electric vehicles are becoming more common on St. John.



ISLAND GREEN LIVING

by Lovango Cay resident Dan Boyd

Hybrid Electric Vehicles

We are now paying more than \$5 per gallon for gasoline, and the cost just seems to keep going higher and higher.

On St. John, it's hard to get good gas mileage with our twisting, turning, up- and down-hill roads. My old Dodge truck used to get five miles a gallon — it passed everything but gas stations!

Lately I have been noticing more and more electric vehicles (EVs) on island. I have seen a few Toyota Prius vehicles, and I think that's a sign of things to come for the islands.

For the past few summers, I have rented a Prius for my vacation road trip. I love them; they get about 48 miles a gallon on the highway and 51 around the city. On St. John, local owners have told me that they get around 45 mpg.

The Prius is a hybrid, meaning it uses both gas and electric motors to power the vehicle. It does not need to be plugged in. It uses the gas motor to get up and running, and while you are driving along in gas mode, you are charging your battery.

Once you have sufficient battery power and the computer senses that it can shift from gas to electric, it changes over to electric, and then you are zipping along quietly with no emissions.

Another good feature is that braking charges the battery too. With our hills on St. John, you could do a lot of charging that way!

My neighbors on Lovango Cay purchased an EV called a Stealth Cart. It's fully electric, with four-wheel drive, and a solar panel mounted on top charges its batteries when parked. As the name implies, it is very, very quiet.

The good side of EVs is that you do not have to purchase any fossil fuels to power the vehicle and they emit no emissions. The bad part is that if your batteries start to go bad you need to replace all the batteries.

And if you run out of battery power while you are away from home you may need a tow home or carry a portable generator — which then defeats the sustainability concept. However most EVs have a

battery meter for you to monitor your battery voltage so you know when you need a charge.

Many communities in the states have been installing EV charging stations. You park your car under a solar panel awning and plug in your vehicle. At the end of the day, your car is fully charged and ready to take you home!

Of course, EVs can be expensive and also require a computer technician to work on them. I do believe that we will be seeing more and more of these on our roads, however, especially as the price of gas gets higher and higher.

One of the best points of EVs is that they produce no emissions! That means no pollutants are emitted while you drive.

I have heard of the drawbacks about the batteries not being environmentally friendly. If disposed of correctly, however, these batteries are fully recyclable, whether they are lithium ion or lead acid.

Let's think about saving energy and emitting less carbon today so future generations will have cleaner and safer world.

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Chef's Corner

by Mares Crane

The Bounty of Spring

St. John Tradewinds

Springtime has arrived and that means some of the very best seasonal vegetables and fruit have arrived. Enjoy these recipes which feature some of the best of what this season offers. All of the side dishes are great served with meat and fish.

ASPARAGUS GRATIN

With asparagus now in season and abundant — and on sale at some island markets — this is a true sign that Spring has indeed sprung.

- 2 to 4 servings
- 2 Cups water
- 1 1/2 lbs asparagus, trimmed and cleaned
- 2 Tbsp butter
- 2 Tbsp flour
- 3/4 Cup Gruyere or Parmesan cheese, grated
- Salt and pepper to taste

Bring water to a boil and add asparagus. Simmer about two minutes, until just tender. Remove from water and place in a baking dish, reserving one cup of water. Melt butter in a pan and add flour and cook until light brown. Add the reserved water and cook, stirring until the sauce thickens. Add 1/2 cup of cheese and season with salt and pepper. Pour mixture over asparagus and top with remaining cheese. Broil until golden brown, about four minutes.

This dish is extra delicious if you add some crispy bacon or pancetta on top right before serving!

MINTED PEA SOUP

This soup is known in France as Potage Saint-Germain, which is a suburb of Paris where peas used to be cultivated in Market Gardens. This is also the area where one of Paris' most famous cafe resides, Cafe de Flore.

- 2 Tbsp butter
- 2 medium shallots, finely chopped
- 2 Cups water
- 3 Cups fresh shelled garden peas
- 3 Tbsp heavy cream (optional)
- 1 bunch of fresh mint
- Salt and pepper to taste

Melt the butter and cook the shallots until translucent and soft. Add the water, peas and season with salt and pepper. Bring to a boil and then lower heat and simmer until peas are tender. Puree in a food processor or blender in batches with the fresh mint. Gently reheat with the cream, if using. Serve with crispy croutons

and a swirl of cream.

If fresh peas are not available, you can use frozen peas, but be sure to thaw first.

ROASTED BEETS WITH FETA CHEESE

Beets are so colorful and this recipe makes an elegant side dish which is deceptively easy to prepare. This recipe works great with different types of beets as well.

- 4 beets, trimmed
- 1/4 Cup shallots, finely chopped
- 2 Tbsp fresh parsley, chopped
- 2 Tbsp olive oil
- 2 Tbsp red wine vinegar
- 1 Tbsp balsamic vinegar
- 1/4 Cup Feta cheese

Wrap the beets individually in foil. Place on a baking sheet in a 400-F oven for about an hour, until they are easy to pierce with a fork. Allow to cool so you can handle them. When cool, peel beets and cut into cubes or slices. Mix all the over ingredients together except for Feta. Pour mixture over beets and sprinkle with Feta. Adding chopped basil and some avocado slices or baby arugula to the dish is also lovely.

SUNDRIED TOMATO AND PARMESAN STUFFED ARTICHOKE

Stuffing:

- 2 1/4 Cups coarse breadcrumbs or panko crumbs

- 1 Cup grated Romano or Parmesan cheese
- 2/3 Cup sundried tomatoes in oil, chopped
- 1/2 Cup basil, chopped
- 1 clove garlic, minced
- 1 Tbsp olive oil
- Salt and pepper

Artichokes:

- 4 large artichokes
- Olive oil
- 2 Cups chicken broth
- Fresh squeezed lemon juice

Set oven to 375-F. Combine all stuffing ingredients in a bowl. Cut the top one inch of leave from the artichokes. Remove the small outer leaves from the stem end. Snip off the other spiky tips from outer leaves and cut the bottom flat. Discard the stem. Pull the leaves apart to loosen. Pull leaves open at the center so you can see the lighter spiky leaves around the heart. Pull out those leaves to expose the choke. Scoop out the choke and discard.

Continued on Page 18

(340) 7741655

T. J. Redo's
landscaping

IGBA and EARTH present:

A Naturalist's Journey From Ridge to Reef — Virgin Islands Resources Worth Protecting

By Dr. Barry Devine

Please bring a dish to share to this potluck event, Thursday, May 2, 5:30 p.m. Giff Hill School Upper Campus atrium

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Cuban Missile Crisis, 12-min animation

WEDNESDAY, MAY 22ND
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Wharfside Starts Charging for Parking



St. John Tradewinds News Photo by Jaime Elliott

Wharfside Village officials were putting the finishing touches on the Cruz Bay's latest pay to park area. The days of leaving a car at Wharfside, home to The Beach Bar, Waterfront Bistro and more, are now in the past. It will cost drivers \$3 per hour to use Wharfside's parking spaces.

Beach to Beach Power Swim Early Registration Discount Ends May 3

St. John Tradewinds

With less than four weeks until the 10th Annual Beach-to-Beach Power Swim, Friends of Virgin Islands National Park reminded potential participants to save money and register by Friday, May 3.

The beautiful swimming event is scheduled for Sunday, May 26, of Memorial Day weekend.

Early registration for adults is \$40 and general registration, starting Saturday, May 4, is \$50. For youths, ages 17 and below, both early and general registration is \$25. For this year registration will be limited to 300 swimmers and there will be absolutely no registrations on the day of the event.

The final practice swim will be on Sunday, May 12, and will be between Maho Bay and either Cinnamon Bay, Trunk Bay or Hawksnest Bay. This practice swim will start at 8:30 a.m. at the northern end of Maho Beach, near the dinghy channel. Swimmers should arrive by 8:15 a.m. for sign up and a briefing. Kayaks, stand-up paddlers, a dinghy and a V.I. National Park patrol boat will accompany swimmers for their safety.

Have a favorite swimmer? Don't

miss the chance to sponsor them! Or just donate to help the event.

The entire community — swimmers and non-swimmers alike — can get involved to support the VINP by visiting the Race for a Reason website at www.active.com/donate/B2B2013.

The website is secure, fast and easy to use. Supporters will be able to choose an amount to donate or a swimmer to sponsor, and both will receive email confirmation of the donation. Swimmers who have already registered can go to the site to create a web page, add photos, post updates and invite friends.

For full information about the swim visit www.friendsvinp.org/swim.

Registration is available on-line at www.friendsvinp.org/swim; by phone at (340) 779-4940 between 9 a.m. and 5 p.m. Monday through Friday. Or register in person at The Friends of the Park Store in Mongoose Junction, or Connections in either Cruz Bay or Coral Bay.

Anyone not up to swimming a mile, or more, should consider volunteering for the event and be a safety kayaker or help on one of the beaches. For more information about practice swims or how to volunteer, call 779-4940 or email swim@friendsvinp.org.

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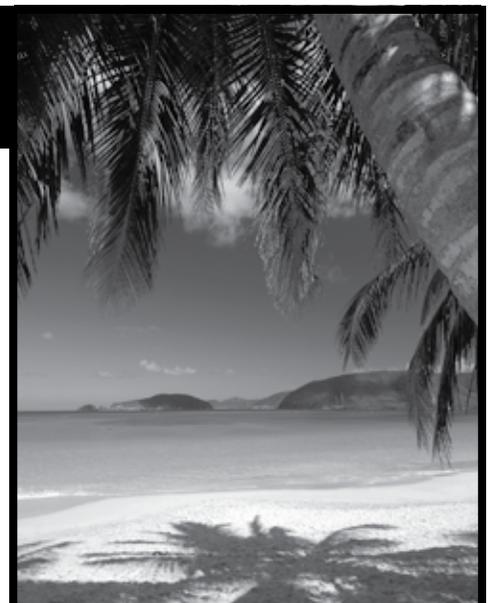
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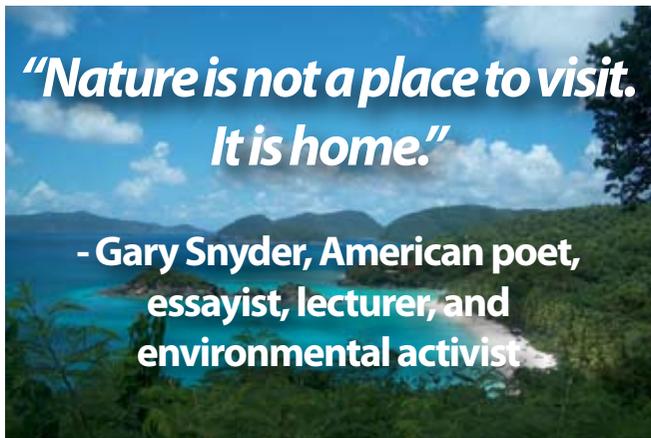
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LAST THURSDAY
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ATRIUM



Join us Thursday, May 2, at 5:30 p.m. at the Giff Hill School Upper Campus atrium for a fascinating presentation by IGBA Executive Director Dr. Barry Devine:

A Naturalist's Journey From Ridge to Reef: Virgin Islands Resources Worth Protecting

Please bring a dish to share to this potluck event. Note the date change from April 25 to May 2 so as not to interfere with St. Thomas Carnival festivities

Giff Hill School's Education and Resiliency Through Horticulture program, in coordination with the Island Green Building Association and NOAA are sponsoring monthly seminar series focusing on making the Virgin Islands and St. John greener places to live. The path to this future includes each and every resident taking personal steps toward improving your quality of life for current and future island generations. If you have an idea for a future speaker, please contact us.

Sarah Haynes, EARTH Program Coordinator: sarahhaynes@giffhillschool.org
Barry Devine, IGBA Executive Director: bdevine3485@gmail.com

DVSAC and St. John Methodist Church Meet and Greet is April 30

St. John Tradewinds

The Domestic Violence and Sexual Assault Council, in partnership with the St. John Methodist Church, is hosting a meet and greet event on Tuesday, April 30, at the church in Cruz Bay from 6 to 8 p.m.

Come out to discuss the response to domestic violence and learn how to help members of the congregation who are experiencing violence or may be at risk.

For more information call 719-0144.

Green Thursday Seminar Features VI Resources Worth Protecting

St. John Tradewinds

The Island Green Building Association will remind residents why the natural environment of St. John is worth fighting for on Thursday, May 2, when IGBA Executive Director Dr. Barry Devine will present "A Naturalist's Journey From Ridge to Reef: Virgin Islands Resources Worth Protecting."

Devine will deliver a fascinating presentation on the wonders of Virgin Islands beauty from peak to reef. This potluck event will take place at 5:30 p.m. at the Giff Hill School Upper Campus atrium; please bring a dish to share.

This presentation is a Green Thursdays Seminar, part of the Island Sustainability Series presented by IGBA and GHS's Education And Resiliency Through Horticulture program. These monthly seminars focus on making the Virgin Islands a greener place to live. All are welcome to attend.

Note that the date has been changed from April 25 to May 2 so as not to interfere with St. Thomas Carnival festivities.

Friends of VINP SCA Summer Trail Crew Program Is Back This June

St. John Tradewinds

Friends of V.I. National Park officials are teaming up with Student Conservation Association and VINP once again this summer to sponsor a student trail crew for six weeks during June and July.

This is the 13th summer that Friends is offering the program, which kicks off on June 17 and wraps up on July 26.

Friends' SCA Trail Crew Program provides students between the ages of 15 and 19 with a unique outdoor experience repairing and maintaining VINP hiking trails. Through this program, trail crew members are introduced to a variety of topics including outdoor work, hiking skills, and basic cultural and ecological knowledge of the island.

This summer's crew consists of eight VI students — who are all from St. John and St. Thomas — along with two crew leaders. At the request of the VINP's maintenance department, the crew will be clearing vegetation, building and repairing stone steps,

repairing damaged drainage ditches, and removing loose rock on our trails. The effects of their work will reduce erosion to trails vulnerable to deterioration due to steep slopes, shallow topsoil, and severe rain.

In addition to learning about trail maintenance and developing an understanding of their role as responsible stewards of the environment, the students will also learn important team building and leadership development skills.

At the end of the six-week program, VINP will have between six and eight miles of its most heavily utilized trails in safe and environmentally sound condition. All National Parks continue to face severe maintenance challenges due to continued federal budget cuts. With increasing reliance on volunteer groups like SCA, VINP is able to successfully maintain the natural and cultural resources of the park.

For more information this annual program or to provide support, contact Karen Jarvis, Friends' Program Manager, at (340) 779-4940.

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SUMMER YOUTH EMPOWERMENT PROGRAM
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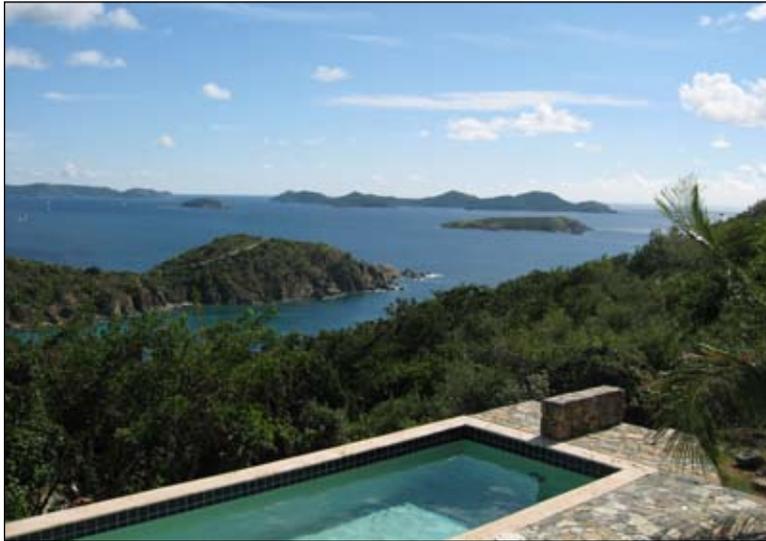
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On the Market

A feature dedicated to special homes on the market listed with Tradewinds real estate advertisers*



Soak up the views and relax in the pool at Milk Moon Cottage.

Enjoy Milk Moon Cottage From Sunrise to Moonrise

By Jaime Elliott
St. John Tradewinds

The peace and tranquility of the island's East End, not to mention the stunning water views, are unparalleled, even on St. John.

You can soak up those views and all that quiet from Milk Moon Cottage. The two bedroom, two bath cottage located in Privateer Bay Estates is for sale for \$995,000, explained Islandia Real Estate broker-associate Marty Beechler.

After passing through the small and funky town of Coral Bay, keep on going east to the serene Privateer Bay Estates, where the hub-bub of Cruz Bay will seem a world away.

"The East End of St. John is far away from Cruz Bay's traffic, noise and congestion," said Beechler. "Let the soothing sounds of the surf lull you into a peaceful state of mind."

From early morning to late

night, the expansive views from Milk Moon Cottage will keep you captivated.

"Start your day with a brilliant sunrise and unwind to a mellow moonrise," Beechler said. "The views are stunning. Gaze at the nearby British Virgin Islands jutting up from the sea while sailboats slip silently by on the breeze."

"No man-made lights for miles make this a perfect location for star gazing," said the Islandia Real Estate broker-associate.

Accessed by all paved roads, the two level cottage is situated on a 0.67-acre lot and boasts a refreshing swimming pool.

"Milk Moon Cottage is a quaint two bedroom cottage situated on an over-sized lot with a concrete and tile pool surrounded by hand-laid stone deck," said Beechler.

Inside find a quaint retreat with cooling tropical decor. The kitchen was recently upgraded with new

countertops and wood cabinets.

Milk Moon Cottage's layout affords privacy for all guests. A spacious master bedroom is located on the main floor with the second bedroom, along with a full bath and an outdoor shower, found on the lower level.

The home is also a popular short-term rental property, Beechler added.

"Milk Moon Cottage is a very popular vacation rental that appeals especially to couples on honeymoon, whether for the first time or the umpteenth time," said the Islandia Real Estate broker-associate.

The home also includes access to two deeded beach parcels as well as use of the charming New-found Cottages.

For more information on Milk Moon Cottage, call Beechler at (340) 776-6666, or (340) 626-1399.

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MAY 25TH THRU JULY 4TH

THEME:

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Festival Food Fair Honoree: **Floresa Henley**

Festival Parade Grand Marshal: **James U. Boynes, Sr.**

SCHEDULE OF EVENTS

<p>SATURDAY, June 1, 2013 Pan-o-Rama 4 P.M. AT WINSTON WILLS BALL FIELD CONTACT PERSON: LAYTON "MATEY" BOWEN (340) 246-2141</p> <p>FRIDAY, June 7, 2013 Festival Beach Jam 7 P.M. AT CRUZ BAY WATERFRONT CONTACT PERSON: LINDA WILLIAMS (340) 776-6644</p> <p>FRIDAY, June 14, 2013 Senior Variety Show 7 P.M. AT WINSTON WILLS BALL FIELD CONTACT PERSON: JANE JOHANNES (340) 776-6439</p> <p>SATURDAY, June 15, 2013 Festival Bike Race 8 A.M. AT ST. JOHN NATIONAL PARK CONTACT PERSON: JANE THILL (340) 692-0472</p> <p>SUNDAY, June 16, 2013 St. John Festival Princess 2013 Selection Pageant 8 P.M. AT WINSTON WILLS BALL FIELD CONTACT PERSON: LORRAINE RICHARDS (340) 692-4874</p> <p>FRIDAY, June 21, 2013 Festival Musical Mix 2013 9 P.M. AT WINSTON WILLS BALL FIELD CONTACT PERSON: JIMMY PARR (340) 692-4872</p>	<p>SATURDAY, June 22, 2013 St. John Festival Queen 2013 Selection Pageant 8 P.M. AT WINSTON WILLS BALL FIELD CONTACT PERSON: ERIC DORNEY (340) 626-4725</p> <p>SUNDAY, June 23, 2013 Food Fair & Operation 1 P.M. AT FRANKLIN A. HUNTER, SR. PARK CONTACT PERSON: LORRAINE RICHARDS (340) 692-4874</p> <p>Boat Races 3 P.M. AT CRUZ BAY HARBOR Children's Festival Village 6 P.M. AT ST. JOHN NATIONAL PARK FIELD</p> <p>FRIDAY, June 28, 2013 Festival Village Opening 7 P.M. AT CRUZ BAY PARKING LOT CONTACT PERSON: JANE JOHANNES (340) 776-6439</p> <p>THURSDAY, July 4, 2013 Jouvert 4 A.M. AT ST. JOHN NATIONAL PARK Festival Parade 2013 11 A.M. AT ST. JOHN NATIONAL PARK CONTACT PERSON: NATHAN THOMAS (340) 692-1725 Festival Fireworks Display 9 P.M. AT CRUZ BAY HARBOR CONTACT PERSON: MELINDA NELSON (340) 776-6439</p>
---	--

NOTE: RANDOM TSA CHECKS WILL BE CONDUCTED!! BE PREPARED!!
FESTIVAL HOTLINE NUMBERS: (340) 690-3592 / (340) 690-1725

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WHAT DO YOU THINK?

Send your letter to editor@tradewinds.vi

**NEXT DEADLINE:
THURSDAY, MAY 2nd**

Keeping Track of Crime

2012

Homicides: 1

Shootings: 1

Stabbings: 0

Armed Robberies: 1

Arsons: 0

1st Degree Burglaries: 3

2nd Degree Burglaries: 3

3rd Degree Burglaries: 40

Grand Larcenies: 72

Rapes: 1

2013-TO-DATE

Homicides: 0

Shootings: 0

Stabbings: 0

Armed Robberies: 0

Arsons: 0

1st Degree Burglaries: 1

2nd Degree Burglaries: 0

3rd Degree Burglaries: 6

Grand Larcenies: 27

Rapes: 1

Crossword Answers — Puzzle on Page 20

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Letters To *St. John Tradewinds*

In Memoriam: Ethlyn Louise Harthman-Lindqvist-Hall May 5, 2013



Today is the anniversary of the day you left this Earth
I know all who knew you have appreciated your love
Because no-one was more caring than you, our Ma
You radiated that love until the very end
As we think about you which we do most every day
I conclude when you left you took part of us away
I know you will be caring for folk on the other side
But I hope you can see that here is still a love for you we cannot hide

**Phyllis, Elsa, Tanya and Family
& Janov and family
We miss you.**

Impressed with Local Writer

I was impressed with the article "Publicity spotlight shines on St. John," by Andrea Milam. So well written, and I learned about some very interesting coverage of local businesses in national media.

Let's hope after the new baby comes she continues to write about St John. Thanks, Tradewinds!

**Sincerely,
Radha Speer**



St. John Tradewinds News Photos

Dr. John Fielding, above at left, was feted by friends and clients before she left island recently.



Dr. Jan Thanks Friends and Clients

I would like to thank everyone for being the best friends and clients I could ever hope for!

I was so surprised and overwhelmed by the kindness and generosity of all of you. There is no way I can ever repay you or thank you enough.

The party that was given in my honor and the gifts and donations were unbelievable. I can't remember

crying so much; I was so touched. What an evening you gave me to remember for the rest of my life. Thank you all!

I will never forget any of you or your "children." I hope we can stay in touch. I will miss you all!

Jan Perkins Fielding, D.V.M.



Historical Bits & Pieces

by Chuck Pishko

Johannes Wright Revisited

St. John Tradewinds

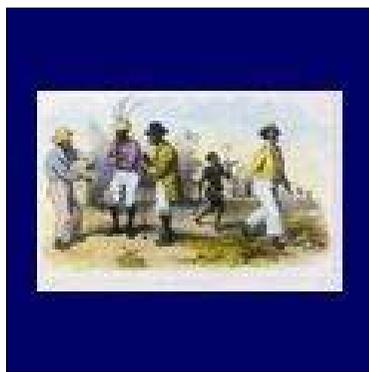
Johannes Wright has been written about extensively and deservedly so. In the 1830s he was a major figure in the seminal civil rights movement, a noted construction contractor in the modernization of both Cruz Bay, St. John and Charlotte Amalie, St. Thomas, and a man who changed his station in life from enslaved to a community leader.

St. Thomas historian Gail Shultebrandt Rivera has reviewed his life and building accomplishments. D. Knight, J. Frey, and J. Singer of the St. John Historical Society have published detailed accounts on Wright's life.

I have personally worked with Professor Per Nielsen of Copenhagen, who delivered a lecture on Wright in 2004. I was able to link the lecture to the works of Neville T. Hall who wrote about the world of the free-colored. I judiciously cleared my findings with Nielsen who wrote me saying that my paper "was much more than a review."

In all probability Johannes Wright started out his working as a field hand until he was age 13. While most other slaves were promoted to harder physical labor, Wright was apprenticed to a carpenter, a privileged position.

We don't know how he qualified for this special treatment,



St. John Tradewinds News Photo

A group of freemen characterized by Dutch.

but it opened a whole new world for him. He was assigned to the carpentry shop where he learned to use hammers, augers, adzes, and axes, and the specific uses of each.

He would have started out making simple benches, tables, stools, boxes, and coffins. Later Wright constructed simple buildings, storehouses and other specialized farm buildings. This vocational training and the craft he developed opened opportunities for him to interact with all people who were in need of these skills. Often he was assigned to work with influential parishioners and church elders.

Along with his carpentry skills, Wright gained self confidence.

He was hired out for wages and was able to keep a portion that he saved and used to buy his freedom from slavery. He emerged from his bondage fully skilled in his craft.

In the course of his career, he's noted for building the following:

- The Battery in Cruz Bay which Ruth Low in her book, "St. John Backtimes" called "the embodiment of the island's historical continuity" for the pivotal role it played throughout.

- The St Thomas Government House at Kongens Gade-No. 21-22.

- The Danish Barracks which became the Legislature Building on St. Thomas.

- The renovations of public wells and the engine house of Casimir Square on St. Thomas.

In the private sector, Wright built Haagensen Haus where he lived for five years and constructed several houses for sale. He built another home at lower Solberg, St. Thomas. The steps and gated entrance can still be seen as part of the Palm Court Harbor Hotel.

Many of us see the Battery almost everyday. We should remember with pride the struggles that were faced by Johannes Wright as well as the magnificent building he created.

Share your pride with curious others who don't know the heritage of our ancestors.

ISLAND NOTES

from the publisher

In Memoriam: Ruth Sis Frank, May 2, 1924 - November 25, 2010

You are dearly missed everyday.

— MN



DID YOU KNOW...

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Coral Bay Community Council
Friends of the Virgin Islands National Park
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St. John Revolving Fund
St. John School of the Arts

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**IT'S A SIMPLE SOLUTION:
Underwrite a yearly advertising budget
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St. John Tradewinds supports all registered non-profit organizations with a non-profit advertising rate.
For more information, call 776-6496.

Church Directory

Baha'i Community of St. John

For Devotions and Study Circles, call 714-1641
7:30 p.m. Fridays; Study Circles 9 a.m. Sundays
776-6316, 776-6254

Bethany Moravian Church

11 a.m., Sunday School 776-6291

Calvary Baptist Church

13 ABC Coral Bay, 776-6304
Sunday School 10 a.m.,
Sunday evening 6 p.m., Thursday 7 p.m.

Christian Ministry

Cinnamon Bay Beach
Inter-Denominational, Sunday 8:30 a.m.

Christian Science Society

10:45 a.m. Sunday- Marketplace
Wednesday Testimonials
7:45 p.m. on last Wed. of Month

**The Church of Jesus Christ
of Latter-day Saints**

Sun. 9 a.m., on St. Thomas . 776-2379
Sun., 5 p.m., STJ, Lumberyard

Cruz Bay Baptist Church

Sunday 11 a.m., 6 p.m. 776-6315

Emmaus Moravian Church

Coral Bay, Sun. 9 a.m. 776-6713

Jehovah's Witness

7:30 p.m. Tuesdays; 7 p.m.
Saturdays (Español), 10 a.m. Sundays,
340-715-053

Missionary Baptist Church

9:30 a.m. Sunday Services, 10:45 Worship,
Tuesday 7 p.m. Bible Study 693-8884

Nazareth Lutheran Church

Sunday 9 a.m., Sunday School 8 a.m.
776-6731

Our Lady of Mount Carmel

Saturdays 6 p.m.; Sundays 7:30 a.m. and 9:30 a.m.
Tuesdays and Fridays at 7 p.m.
Wednesdays and Thursdays at 7 a.m.
776-6339

St. John Methodist Church

Sunday 10 a.m., 693-8830

Seventh Day Adventist

Saturdays, 779-4477

St. John Pentecostal Church

Sunday 11:05 a.m., 6:30 p.m.
Tuesdays Prayer 7:30 p.m.,
Thursdays Bible Study 7:30 p.m.
779-1230

St. Ursula's Episcopal Church

Sunday Church Service, 9 a.m.
777-6306

Unitarian Universalist Fellowship

9:45 a.m. Sunday, 776-6332

Word of Faith Church

Word of Faith International
Christian Center, Sundays 7:30 a.m.
Giff Hill School 774-8617

Avoiding Known Cancer Triggers



Dear EarthTalk:

I know that some of us are genetically predisposed to get cancer, but what are some ways we can avoid known environmental triggers for it?

B. Northrup, Westport, MA

Cancer remains the scourge of the American health care system, given that four out of every 10 of citizens will be diagnosed with one form or another during out lifetime. Some people are genetically predisposed toward certain types of cancers, but there is much the can be done to avoid exposure to carcinogens in the environment.

According to the Environmental Working Group (EWG), a non-profit working to protect public health and the environment, a key first step in warding off cancer is lifestyle change — “stopping smoking, reducing drinking, losing weight, exercising and eating right.”

The American Cancer Society reports that smoking and poor nutrition each account for about one-third of the 575,000 U.S. cancer deaths each year.

But smoking and obesity are obvious and other cancer triggers aren't so easily pinpointed. In 2010 the President's Cancer Panel reported that environmental toxins play a significant and under-recognized role in many cancers, causing “grievous harm” to untold numbers of Americans. And EWG reports that U.S. children are born “pre-polluted” with up to 200 carcinogenic substances already in their bloodstreams.

Given this shocking fact, it may seem futile to try to reduce a body's chemical burden, but it could be a matter of life and death. EWG lists several ways anyone can cut their cancer risk.

First up is to filter tap water, which can include arsenic, chromium and harmful chemicals. Simple carbon filters or pitchers can reduce contaminants, while more costly reverse osmosis filters can filter out arsenic or chromium.

The foods one chooses also play a role in whether or not one gets cancer. Eating lots of fruits and vegetables is healthy, but not if they are laden with pesticides. Going organic when possible is the best way to reduce pesticide exposure.

And when organic foods aren't available, stick with produce least likely to contain pesticides (check out EWG's “Clean 15” list of conventional crops containing little if any pesticide residue). EWG also suggests



St. John Tradewinds News Photo Courtesy of iStock Photo

The President's Cancer Panel reported in 2010 that environmental toxins play a significant and under-recognized role in many cancers, causing “grievous harm” to untold numbers of Americans.

cutting down on high-fat meats and dairy products.

“Long-lasting cancer-causing pollutants like dioxins and PCBs accumulate in the food chain and concentrate in animal fat,” reported the group.

Eliminating stain- and grease-proofing chemicals (Teflon, Scotchgard, etc.) is another way to cut cancer risks.

“To avoid them, skip greasy packaged foods and say no to optional stain treatments in the home,” according to EWG.

And steer clear of BPA, a synthetic estrogen found in some plastic water bottles, canned infant formula and canned foods.

“To avoid it, eat fewer canned foods, breast feed your baby or use powdered formula, and choose water bottles free of BPA,” reported EWG.

Personal care products and cosmetics can also contain carcinogens. EWG's “Skin Deep” cosmetics database flags particularly worrisome products and green-lights others that are healthy.

Another cancer prevention tip is to seal wooden outdoor decks and playsets — those made before 2005 likely contain lumber “pressure-treated” with carcinogenic arsenic in order to stave off insect infestations.

Of course, avoiding too much sun exposure — and wearing high-SPF sunscreen — when using those decks and playsets is another important way to hedge one's bets against cancer.

4-28

CRYPTOQUIP

C Z L G O Z L W K P L G K V U K D K T R A A H O R A L G O L W
O V R Y L P L R V O Q U O U T K G D L G L W , O Z L H K Y O L W
O K Z R D L R U C Q G X - R A K G X .

Today's Cryptoquip clue: O equals T

TO YOUR HEALTH

Grape Seed Extract

By Carmen Rhodes
Nature's Health Food Store and Deli
Special to St. John Tradewinds

It has long been known that grapes are good for overall health. Every part of the grape is good for health: the skin; the "flesh;" the juice; and even the extract from the red seeds used in supplements.

Earl Mindell's "New Vitamin Bible" cites grape seed extract as "one of the most exciting antioxidants on the herbal scene. Grape seed extract is a potent free radical scavenger, rich in flavonoids, and believed to be more powerful than vitamin E and vitamin C."

Powerful Antioxidant —
More powerful than Vitamin E
and Vitamin C

Free radicals are the byproducts of natural metabolic processes in the body that may cause cell damage which leads to diseases such heart disease and cancer. Thus grape seed extract is a wonderful way to prevent the cell damage caused by free radicals and therefore reduce the risk for chronic diseases and cancer.

The flavonoids in grape seed extract help strengthen the immune system, protect blood vessels from rupture or leakage and prevent excessive inflammation throughout your body.

Poor Circulation in Lower Extremities

According to the Natural Standard Research Collaboration, human studies report that extract from grape seeds can reduce the symptoms of poor circulation in leg veins. Symptoms that showed significant improvements include itching, swelling, heaviness,

nighttime cramps, tingling, burning, numbness and nerve pain.

Swelling After Injury/Surgery

Grape seed extract is good not only for swelling related to poor circulation but also due to injury or surgery. Although further research is needed in this area, several small human studies show that grape seed ingredients may speed the reduction of swelling after many types of injury, including surgery.

By the way, grape seed extract is good for use after surgery but not before. Because of its potential for delaying blood clotting, it should not be taken two weeks before any surgery of dental work. Caution is also given to not take it if one is already taking anticoagulants, antiplatelet medication, or has a bleeding disorder.

Diabetic Related Eye Problems

The National Center for Complementary and Alternative Medicine states that while further studies in larger trials are needed to confirm findings, small randomized trials have found beneficial effects of grape seed extract for diabetic retinopathy (an eye problem caused by diabetes) and for vascular fragility (weakness in small blood vessels).

It is also noted in Earl Mindell's "Vitamin Bible" that it is the proanthocyanidins (active component/a type of flavonoid) in grape seed that may protect eyes and aid in the prevention and treatment of vision related disorders such as glaucoma and macular degeneration.

These proanthocyanidins may also protect the body against the damaging effects of radiation and some types of chemotherapy.

St. John Singers Delight Two Islands



St. John Tradewinds News Photos Courtesy of Terry Pishko

St. John Singers, under the direction of Janice Ballard, performed at the Wesley Methodist Church on St. Thomas, on Sunday, April 21, above, and at the Emmaus Moravian Church on St. John on Friday, April 19, below.



ST. JOHN

magazine

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NOW ON NEWSSTANDS



St. John Tradewinds Business Directory

Accommodations

Caribbean Villas & Resorts
tel. 1-800-338-0987
or locally 340-776-6152

Island Getaways
888-693-7676,
islandgetawaysinc.com
kathy@islandgetawaysinc.com

Sunset Ridge Villas
Interval Ownership or Rentals
www.sunsetridgevillas.com
Sales: dave@cimmaronstjohn.com

Suite St. John Villas/Condos
tel. 1-800-348-8444
or locally at 340-779-4486

A/C & Refrigeration

Dr. Cool | St. John 693-9071
A/C Refrigeration and Appliances
Mitsubishi A/C Diamond Dealer
Sub-Zero, Wolf, Bosch, Viking

Architecture

Crane, Robert - Architect, AIA
tel. 776-6356
P.O. Box 370, STJ, VI 00831

Banking

Firstbank
Located in downtown Cruz Bay
340-776-6881

Scotiabank
#1 Mortgage Lender in the VI
The Marketplace (340) 776-6552

Green Building

Island Green Building Association
check www.igbavi.org for Seminar
Series info and ReSource Depot
inventory

Insurance

PGU Insurance
Located at The Marketplace
776-6403; pgunow@gmail.com

Theodore Tunick & Company
Phone 775-7001 / Fax 775-7002
www.theodoretunick.com

Jewelry

R&I PATTON goldsmithing
Located in Mongoose Junction
776-6548 or (800) 626-3445
Chat@pattongold.com

Landscaping

Alfredo's Landscaping
tel. 774-1655 cell 513-2971
P.O. Box 91, St. John, VI 00831

Coral Bay Garden Center
tel. 693-5579 fax 714-5628
P.O. Box 1228, STJ, VI 00831

Real Estate

Debbie Hayes, GRI
tel. 714-5808 or 340-642-5995
debbiehayes@debbiehayes.com
www.stjohnvirealestate.com

Holiday Homes of St. John
tel. 776-6776 fax 693-8665
P.O. Box 40, STJ, VI 00831
info@holidayhomesVI.com

Islandia Real Estate
tel. 776-6666 fax 693-8499
P.O. Box 56, STJ, VI 00831
info@islandiarealestate.com

Restaurants

**Fish Trap Restaurant
and Seafood Market**
tel. 693-9994, Closed Mondays

La Tapa Restaurant
tel. 693-7755
Open 7 Days a Week

Skinny Legs
"A Pretty OK Place"
tel. 340-779-4982
www.skinnylegs.com

Services

C4th Custom Embroidery
tel. 779-4047
Located in Coral Bay

Island Solar
"Off the Grid Living for 10 Years"
tel. 340-642-0531

Wedding Services

Weddings by Katilady
www.stjohnweddingplanner.com
www.katilady.com
340-693-8500 - Consulting, Travel
Coordination, Accommodations

Cafe Roma Guttled by Fire, No Injuries Reported

Continued from Page 3

one was injured and the fire didn't spread," said Hiebert. "As soon as smoke started coming out of the window, Dan from Castaways jumped on the front porch roof of Joe's Diner with a hose and tried to put it out."

"The guys from Woody's were up on their roof too with a hose and spraying the back, trying to make sure the flames didn't spread," said the Cafe Roma owner.

V.I. Fire Department officials, St. John Rescue members, V.I. Police Department officers, along with the Woody's and Castaways crews, helped to extinguish the flames from the building and kept everyone at a safe distance.

"When we got there at 3 p.m. the firemen were fully working and at about 4 p.m. the fire was out but it was still pretty smoky," said Hiebert.

The scene Hiebert did see when he was allowed inside his restaurant around 5:30 p.m. on Sunday was not a pretty one.

"It was about 5:30 p.m. when they let us in and it was just a complete loss," he said. "Everything inside was black and ruined. There is nothing left."

While Cafe Roma was devastated by the flames, just one floor below, Joe's Diner was relatively untouched, Hiebert added.

"Joe's Diner is fine," he said. "They didn't really have any damage, just water."

More than just a place to get quality Italian fare, Cafe Roma has a long history serving customers on St. John. The restaurant originally opened in the early 1980s when Cruz Bay was still a sleepy Caribbean outpost.

Joshlynn Crosley, a 28-year-old waitress at the time, bought the eatery from the original owners, the McGinnis family, in 1998. Crosley operated the restaurant until Hiebert purchased it from her in 2008.

Since that time, the restaurant's loyal customers have embraced the long-time chef and restaurateur. That appreciation has grown even more evident in the days following the devastating fire, Hiebert explained.

"The community has been amazing," he said. "We've had so many phone calls and emails, it's incredible. Everyone is offering help, but honestly I don't know what to ask for because I don't know what to do."

While Hiebert must wait for the owner of building 1-C Cruz Bay to determine insurance issues and then rebuild the roof — which alone could take several months — the restaurant owner pledged that he will reopen.

"I hope so," Hiebert said when

asked about reopening the restaurant. "I have to. It's Cafe Roma and the island needs Cafe Roma."

A more difficult question, however, is when the eatery will indeed be open once again.

"I have so much work to do first," said Hiebert. "They will have to take down the whole roof and put up a new roof first and that has nothing to do with us."

While Hiebert was hesitant to suggest a timeline for repairs, the work could easily take "months and months and months," he said.

As Hiebert continues to figure out the next move down the road to reopening, he expressed thanks to the community.

"I am so grateful to the Woody's and Castaways guys for jumping in so quickly and for all their help," said the Cafe Roma owner. "I'm also sorry to the businesses who were affected by this tragedy because the power had to be shut off in the area, including Woody's Castaways, Rhumlins, La Tapa and Joe's Diner."

In the meantime, Hiebert will be recognized by the V.I. SBDC on May 29 on St. Thomas. He also continued to be flooded by the outpouring of support.

"We've gotten 2,100 messages on Facebook so far from people offering their support and condolences," said Hiebert.

Chef's Corner: The Bounty of Spring

Continued from Page 10

Spoon half the stuffing into the center of the artichoke and the rest around the outer leaves. Repeat for all four artichokes. Place in baking pan and add the broth and lemon juice and drizzle with olive oil. Cover with foil and bake until tender, about 50 minutes. Uncover and cook for another 10 minutes until browned.

Serve artichokes with a fresh salad and use the liquid as a dipping sauce.

STRAWBERRY SHORTCAKE

A classic, old-fashioned favorite using this season's early strawberries.

3 pints strawberries
1/2 Cup white sugar
2 1/4 Cup all purpose flour
4 tsp baking powder
2 Tbsp white sugar
1/4 tsp salt
1/3 Cup cubed shortening

1 egg, beaten
2/3 Cup milk
2 Cups heavy cream, whipped
Springs of fresh mint for garnish
Preheat oven to 425-F. Slice strawberries and mix with 1/2 cup sugar. Set aside. Grease and flour an eight-inch cake pan.

In a large bowl, combine flour, sugar, baking powder and salt. Add shortening and rub with your fingertips until the mixture resembles coarse breadcrumbs. Make a well in the center and add the egg and milk. Stir until combined. Spoon into cake pan and bake for 15 to 20 minutes. Turn out and cool on wire rack.

Slice cooled cake in half. Place bottom layer on a platter and spoon over half the strawberries. Top with half of the whipped cream. Put top cake layer on top and cover with the rest of the strawberries, cream and mint sprigs.

Happy Spring!

Answer to April 28 Cryptoquip:
WHEN THE DOZEN OR SO VOCALLY
TALENTED TRAPEZE ARTISTS CONVENED,
THEY OPTED TO HAVE A SWING-ALONG.

Gov. DeJongh Denounces J'ouvert Tramp Shooting

St. John Tradewinds

Governor John deJongh on Thursday, April 25, condemned a shooting which critically injured a St. Thomas resident and wounded two other persons during the Carnival J'ouvert pre-dawn tramp.

The shooting occurred near the Blyden Marine Terminal on Veterans Drive and brought an immediate end to J'ouvert which was beginning to increase in numbers about 9 a.m. when the shooting took place.

"It is beyond basic understanding and unacceptable that a person would pick up a firearm and shoot into a crowded event," deJongh said.

The governor praised the work of V.I. Police Department Commissioner Designate Rodney Querrard who displayed a zero tolerance for violence during J'ouvert, but also mobilized the department's tactical team to augment the manpower strength and is using information gathered by the department's intelligence unit.

VIPD Chief Darren Foy and Deputy Chief Dwayne DeGraff met Thursday afternoon, April 25, to further develop their strategy for greater deployment of manpower at the remaining nights of Carnival Village, the two parades and the much anticipated Carnival horse races, explained Querrard.

DeJongh met late Thursday afternoon with Querrard, Foy and VIPD Intelligence Unit Director Ray Martinez to discuss the incident and the leads police are pursuing in the case.

"I was assured by the leadership of the department that today's shooting was not a random act," said deJongh. "The intelligence gathered in the case suggests that the shooting stemmed from ongoing differences between two neighborhood groups who used the cover of the large crowd of J'ouvert to level their retaliatory acts."

"The remaining events of Carnival 2013 are important to us, however the safety of the residents of the Virgin Islands and the many visitors that are on island for this weekend's climax of Carnival is our utmost concern and priority," the governor said. "If it becomes necessary to curtail or cancel a Carnival event to ensure the safety and well-being of the community, such decision will be made."

Also on Thursday night, April 25, deJongh signed an Executive Order suspending the provisions that allows taverns and nightclubs to remain open and dispense alcohol until 6 a.m.

"All such taverns and nightclubs shall cease operation at 4 a.m.," deJongh said.

Police Log

EMERGENCY CELLULAR: 340-776-9110

POLICE DEPT: 340-693-8880

FIRE STATION: 340-776-6333

Friday, April 19

10:54 a.m. - A citizen c/requesting police assistance to obtain monies owed to her. Police assistance.

1:00 p.m. - An Estate Enighed resident p/r that someone threatened him with bodily harm. Disturbance of the peace.

Saturday, April 20

8:00 a.m. - An Estate Carolina resident c/r a burglary at Donkey Diner. Burglary in the third.

8:20 p.m. - A citizen p/r that he was assaulted at Wharfside Village. Simple assault.

Sunday, April 21

1:50 p.m. - Government of the Virgin Islands c/r a fire at Cafe Roma. Structural fire.

Monday, April 22

9:00 a.m. - A St. Thomas resident p/r that she got into a fight. Disturbance of the peace, fight.

9:10 a.m. - A visitor from Ohio p/r that someone stole his backpack. Grand larceny.

9:47 a.m. - A citizen c/r hearing shots fired in the area of Cruz Bay. Illegal discharge of firearm.

10:57 a.m. - An Estate Mandahl resident p/r that someone stole her shopping bag from her vehicle parked at the Enighed Parking Lot. Grand

larceny.

12:54 p.m. - A citizen p/r that someone sprayed silly string over the sign to his business. Disturbance of the peace.

8:52 p.m. - A citizen c/requesting police assistance. Police assistance.

Tuesday, April 23

11:38 a.m. - A visitor p/r that he damaged his rental vehicle while reversing out of his villa. Auto collision.

Wednesday, April 24

9:34 a.m. - An Estate Hansen Bay resident c/requesting police assistance to remove a vagrant from government property. Police assistance.

9:53 a.m. - An Estate Glucksberg resident p/r that she fears for her life. Police assistance.

12:03 p.m. - A Cruz Bay resident c/r an auto accident in the area of Wharfside Village. Hit and run.

5:31 p.m. - An Estate Enighed resident p/r that an unknown female was following her. Suspicious activity.

7:33 p.m. - A St. Thomas resident p/r that his son's mother didn't allow him to see the child. Violation of court order.

Crime Stoppers — United States Virgin Islands

Crime Stoppers empowers you, the law abiding citizens, to make your neighborhoods, schools and businesses safer by reporting information while remaining anonymous. If you know something, say something as law enforcement needs to know what you know. Even the smallest bit of information may be just what is needed to solve the following crimes.

St. John

On March 25, at about 9:40 p.m. a woman reported her iPhone was removed from the bar at Castaways. The iPhone was in a black, cat-shaped case. Please help police by sharing with us any information you have about this theft.

St. Thomas

On Wednesday, April 3, at 11 p.m. in the area of Prindsens Gade and the former Antonio Jarvis Elementary School, a woman was robbed at gunpoint by two masked males who took her jewelry and cell phone. The robbers then walked away from the victim. Tell us what you know about this incident.

St. Croix

On Friday, November 23, 2012 at about 9 p.m.,

police officers were responding to a robbery in progress at Champ's Sports Store in the Sunny Isles Shopping Center. As officers approached the store, they were ambushed by two armed masked suspects, who fired several shots at the officers, wounding one officer. The suspects are two black males; one about 6' tall, slim build, possibility wearing a light blue shirt and jeans. The second was 5' 6" to 5' 9" tall, possibly wearing a blue shirt and pants of unknown color. The suspects than ran into Sion Farm. Tell us what you know so police can identify these brazen robbers.

Please continue to work for the good of all by telling us what you know about these, or any other crimes, at www.CrimeStoppersUSVI.org or by calling 1-800-222-TIPS (8477). You can also text "USVI" plus your message to CRIMES (274637).

If your tip leads to an arrest or the recovery of stolen property, illegal drugs, or weapons, you will receive a cash reward to be paid according to your instructions. The minimum cash reward for the arrest of an armed robber is \$900 plus 10 percent of the retail value of property recovered. The maximum reward is \$2,500.

VIPD Safety TIPS

Discuss and develop an in-depth home safety plan with your family. Maintain high visibility around your home by keeping the exterior well manicured. Cut trees and bushes regularly, especially around doors, windows, parking areas and exterior lights. Your home exterior doors should be solid wood core or metal with high quality locks and hinges. When you are away keep windows tightly closed and curtains or blinds drawn. Consider placing security wire mesh on the interior of windows or security bars on the exterior of your windows.

- Install electric timers on lights throughout the house.
- Leave a radio or television on at a moderate volume.
- Turn down your answering machine
- Have someone pick up mail when you are away from home.
- Do not post on Face Book when you will be away from home.
- Install Video surveillance or Alarm Systems
- Conduct Video inventory of your personal property
- Consider Car pooling
- Keep doors locked when you are home or away from home
- Establish a Neighborhood Crime Watch program



YOUR HOME SHOULD
APPEAR OCCUPIED
AT ALL TIMES!
In an emergency always call 911



Community Calendar

St. John Tradewinds welcomes notices of community-oriented, not-for-profit events for inclusion in this weekly listing. Call 776-6496, e-mail editor@tradewinds.vi or fax 693-8885.

Tuesday, April 30

— The Domestic Violence and Sexual Assault Council, in partnership with the St. John Methodist Church, is hosting a meet and greet event on Tuesday, April 30, at the church in Cruz Bay from 6 to 8 p.m.

Thursday, May 2

— Sen. Donald Cole and the St. John Community Foundation are hosting a town hall meeting at the St. John Legislature Annex in Cruz Bay on Thursday, May 2, from 5 to 7 p.m.

— IGBA and EARTH present A Naturalist's Journey From Ridge to Reef: Virgin Islands Resources Worth Protecting, 5:30 p.m., GHS Upper Campus atrium.

Friday, May 3

— Join Senator Jeanette Millin Young, her team of dedicated staff and women of St. John as the group strives to empower each other to be the best. The group will meet in Cruz Bay on Friday evening, May 3. For details call SJCF at 693-9410.

Tuesday, May 7

— On May 7 at 7:30 p.m. at the St. John School of the Arts, SJFS will feature an insightful look into contemporary Cuba with two films telling stories of homemakers, architects, gov-

ernment officials, street sweepers, and soldiers – inspiring, controversial, and uniquely Cuba.

Saturday, May 11

— The St. Thomas/St. John Chamber of Commerce 2013 Annual Awards Banquet and Dinner Dance, a "Spring Floral Spectacular" will be on Saturday, May 11, at the St. Peter Greathouse.

Saturday, May 18

— The Animal Care Center's fundraiser Wagapalooza will be Saturday, May 18, at the V.I. National Park ball field in Cruz Bay. Sally Furlong and Viky Becker are event co-chairs.

Monday, May 20

— St. Ursula's Multipurpose Center is hosting a fundraiser on Saturday, May 11, from 3 to 6 p.m. at Maho Bay Campground in the dining pavilion. Call (340) 693-8580 for more information.

Sunday, May 26

— The Friends of V.I. National Park's 10th Annual Beach-to-Beach Power Swim event will be on Sunday, May 26.

May 29 and May 31

— Coral Bay Community Council is hosting an American Institute of Architects (AIA) Sustainable Design Workshop

ALCOHOLICS ANONYMOUS MEETINGS

All meetings are now open. Monday, Tuesday, Wednesday and Friday 6 p.m. Nazareth Lutheran Church, Cruz Bay; Thursday 7 a.m. Nazareth Lutheran Church, Cruz Bay; Sunday 9:45 a.m., Hawksnest Bay Beach; Tuesday, Thursday and Saturday 6 p.m. at Moravian Church, Coral Bay

NARCOTICS ANONYMOUS MEETINGS

Narcotics Anonymous has open meetings from 6:30 to 7:30 p.m. every Saturday at St. Ursula's Church.

AL-ANON MEETINGS

For Al-Anon meeting location and times, please call (340) 642-3263

Crossword

By Frank A. Longo

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120									121					122						123		
124									125					126							127	

WRIGLEY FIELD

ACROSS

- 1 March day to "beware"
- 5 Does nothing
- 10 18-hole game
- 14 Made inquiries
- 19 Actor Green
- 20 Sends via the USPS
- 21 Verbalized
- 22 Dane's neighbor
- 23 Revolution around the moon
- 25 Yellow car
- 26 Smell, taste or touch
- 27 Inspecting individual
- 28 Truck and SUV maker
- 29 Feather-fixing bird
- 31 Existence like Riley's
- 35 Naval Academy frosh
- 39 Camcorder button abbr.
- 40 Join the Navy, e.g.
- 41 M20 rocket launcher
- 46 Finished in the lead
- 47 Russian gymnast Korbut
- 51 "Hugo" director Martin
- 52 Not bottled, as beer
- 54 The "P" of the S&P 500
- 55 Zap, as a suspect
- 56 "The Rachel Maddow Show" airer
- 59 Pit bull's warning
- 60 Lemon, lime or orange
- 61 Enterprise counselor Deanna
- 63 1970s Cincinnati team nickname
- 66 Ocean east of Mass.
- 69 Possesses
- 70 Discoloration

- 71 Bug a lot
- 72 Rte. suggestions
- 73 Like the Greek letter psi
- 76 Antlered deer
- 78 Rosie's bolts
- 79 Tennis shot
- 80 U-Haul rival
- 82 Talk laryngitically
- 86 "— My Heart in San Francisco"
- 87 Ownership
- 89 Shimmer with rainbowlike colors
- 91 Banned fruit spray
- 92 Flower-to-be
- 93 Like a real treat
- 96 First game in a series
- 99 Flaky dessert
- 100 "A — santé!"
- 101 1990-2011 sport compact car
- 108 Adolescents' support group
- 109 Unsound
- 110 Uppercase letters
- 115 Poison
- 116 Critic Siskel
- 118 Apt activity while solving this puzzle?
- 120 Olympics unit
- 121 PC image
- 122 Aired a second time
- 123 "... — the whole thing!"
- 124 Grasslike marsh plant
- 125 Proboscis
- 126 Feelers
- 127 Make tracks

DOWN

- 1 Atoll part

- 2 Two, in Paris
- 3 Erupter in Sicily
- 4 Pillowcase
- 5 "— roll!" (casino cry)
- 6 Risktaker
- 7 Cuba — (rum drink)
- 8 Certain Ivy Leaguer
- 9 JFK jet, once
- 10 "No idea!"
- 11 Seer's site
- 12 Permissive
- 13 Abrupt policy reversal
- 14 Appraise
- 15 What candy satisfies
- 16 Rogers or Loggins
- 17 Ford fiasco
- 18 Plowmaker John
- 24 Spud sieves
- 28 Small lizard
- 30 Restraint
- 32 Move to and —
- 33 Early U.S. auto
- 34 Not external
- 35 Discreet "Looky here!"
- 36 — Brasi ("The Godfather" enforcer)
- 37 Poetic saga
- 38 Artsy cap
- 42 Grieves over
- 43 Chip in
- 44 Japanese Buddhist sect
- 45 More mad
- 48 Loughlin and Petty
- 49 Pig's sound
- 50 Donkeys
- 53 In vogue
- 54 "— card, any card!"
- 57 Air rifle ammo
- 58 Quoteworthy
- 60 Excursion in an auto

- 62 Clark Gable's Butler
- 64 Interval
- 65 Cheapskates
- 66 Chambers of the heart
- 67 Diva's shake
- 68 — lie (be someone you're not)
- 74 Thawing out
- 75 Neighbors of swing sets
- 77 Painter EI —
- 81 Day, to Julio
- 83 "Same — ever was"
- 84 Injury vestige
- 85 Soccer legend
- 87 Finding a radio station
- 88 Kick out
- 90 Prepare for eating, as a shrimp
- 92 Neuwirth of "Frasier"
- 94 Muscle jerk
- 95 Faith: Abbr.
- 97 "Mambo king" Tito
- 98 Protected pachyderms
- 101 Aussie pals
- 102 "How do — thee?"
- 103 Took a toll on
- 104 Actress Graff or Kristen
- 105 Bakery tools
- 106 Play with as a puppy might
- 107 Gyrates
- 111 Nine-to-fiver's cry
- 112 "(I've Got — in) Kalamazoo"
- 113 Sitar, e.g.
- 114 Captain Hook's pal
- 117 — -warrior
- 118 PC screen
- 119 Bray syllable

Classifieds

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R-3 ZONED DEVELOPMENT PROPERTY. Located on a flat knoll in Estate Bethany just above Sunset Ridge. This property has breathtaking views from the south shore to the Durlow Cays, including St. Croix, Puerto Rico and St Thomas. Topographical map, Engineering, historical, environmental, archeological studies etc. for a small resort have been done. Currently has 6 small rental units **\$5.99M**

"Dove Cottage" is St. John's first eco-luxury vacation rental carefully designed by the owner to maximize dual bay views & comfort while ensuring harmony with the environment that seamlessly incorporates indoor & outdoor living. The 2nd floor master bedroom has a screened porch overlooking the pool/patio area with views of the British Virgins. Main level has an open great room with kitchen area plus guest bedroom. **\$1.75M**

"Palm Terrace Villas"- Some of the most spacious condos to be found on St. John. Completed in 2005 with beautiful views, generous balconies, common sun deck and pool area, tropical landscaping, walk to town and Frank Bay Beach. The two bedroom unit is over 1100 sq. ft. All feature large kitchens, granite countertops, stainless appliances, large closets, private washer and dryer, ample storage, and cool breezes. These condos have it all. **\$525,000 to \$975,000.**

"Beach Cottage" - Nestled into the wooded hillside overlooking Great Cruz Bay, this cozy and handsome two bedroom cottage features a flexible layout with separate one bedroom apartment on lower level. Stroll across the grassy landscaped lawn to the beach access directly below. Swim and boat from your own front yard. Additional water access is deeded at the community beach and dinghy landing a short walk down the road. **\$945,000**

"Aria" - Spectacular Caribbean views, peaceful serenity, and cooling tradewinds are part of the romance in this lovely mountainside retreat. Situated on the paved, gated estate of Ajax Peak, 15 minutes to Cruz Bay, a short drive to Coral Bay and 5 minutes to Maho Beach. Sensational sunrises and views to Coral Bay, Hurricane Hole and the British Virgin Islands. Included is a pool, spa, air conditioning, and internet. Added bonus of a separate tree-house cottage. **\$1.395M**

"Tropical Living Off The Grid" - Fabulous North Shore beachfront estate on the very private, pristine island of Lovango Cay. Enjoy unspoiled natural beauty, diving and fishing in the clear Caribbean waters. 'Living Green' becomes a reality with solar, wind & generator sources for your power - reverse osmosis for your water. Just a 5 minute boat ride to St. John for shopping & fine dining. Spectacular panoramic views of the Atlantic Ocean. **\$699,000 to \$990,000**

"Coyaba" - means heavenly in the Arawak language and this newly constructed three-bedroom home is just that. On a flat one acre lot, this home offers water views of the Caribbean Sea and the bay below. The large open-style great room, kitchen and dining area plus three bedrooms are located on one level. Enjoy the sounds of the surf together with breezy easterly trade winds from your pool deck. Purchase includes deeded beach rights to Hart Bay Beach and Chocolate Hole Beach. Priced to sell at **\$4,413,000.**

"MAHO BUILDING LOT"- St John's North Shore at its best. One of the very few parcels for sale within the boundaries of the Virgin Islands National Park, this half acre ridge lot features stunning sunset views to St. Thomas and views to Virgin Gorda in the British Virgins and is an easy walk to one of the National Park's finest beaches at Maho Bay. A very gentle slope makes for an easy build. For the discerning buyer who wants the very best. **\$1.2M**

DEVELOPMENT/COMMERCIAL PROPERTIES: Hansen Bay 7A is an 18 acre parcel with studies done and a 15 lot sub division permit. All lots have water views and breezes and 4 lots are on the flat top of a ridge with almost 360 degree views. Parcel has access to a cobble beach. Reduced from **\$3.18M to \$2.49M**; Estate Zootenvaal 20 acres over looking the marine preserve at Bork Creek just east of Coral Bay and bounded by National Park on two sides **\$7M**; **Group Dwelling permit for 6 apartments** and a driveway permit have been issued for this 0.9 acre lot in Estate Rendezvous & Ditleff. With sunset and water views to St Thomas from this gently sloping lot, this is a perfect parcel for development or for a single family home with lots of privacy. **\$499,000**

"EAST END POINT" - The eastern-most point of St. John is now for sale. This estate sized lot is over five acres and has several natural building sites and unlimited views to the British Virgins. Located within "THE POINT AT PRIVATEER" St. John's newest upscale subdivision. **\$4.5M.**

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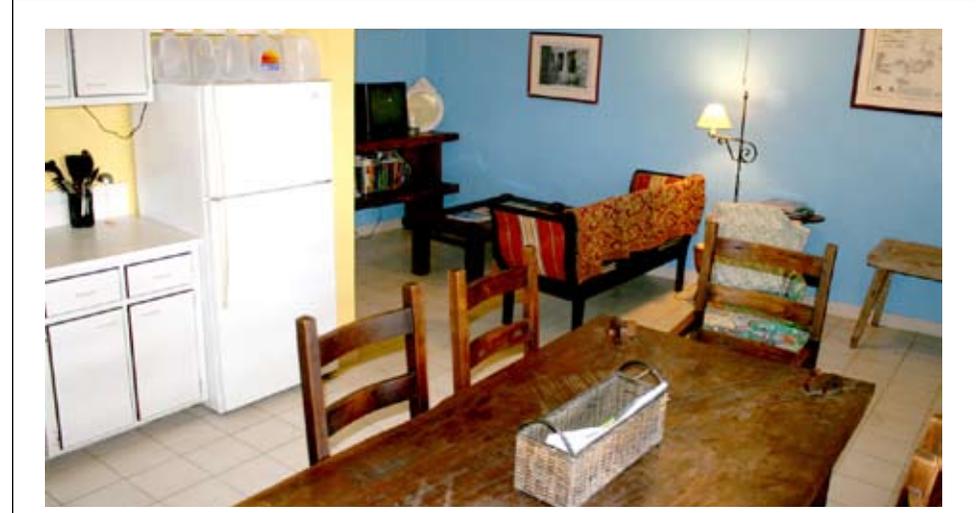
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Legislature Works To Be More Accountable

St. John Tradewinds

Senators have imposed austerity measures on themselves and have revamped policies involving travel, vehicles and procurement in response to serious issues raised in a federal audit of the Legislature, according to V.I. Senate President Shawn Michael Malone.

"We have made significant improvements in efficiency and cut our costs," Malone said. "The 30th Legislature pledged accountability, transparency, increased productivity and to lead by example and we have been successful thus far."

Malone, who took over administrative duties at the Legislature in January, explained that significant changes were required.

"The audit uncovered major deficiencies and while it focused primarily on the 28th Legislature, it was clear to me that new standard operating procedures needed to be put in place so nothing like this could reoccur," he said. "My priority these first three months has been to develop new policies

that increase accountability and limit opportunities for abuse. In fact, I believe that many of these new policies should be codified in our law."

Malone called a press conference recently in order to outline changes imposed by the leadership of the 30th Legislature. The body's Executive Director, Iver Stridiron, outlined many of the new policies put in place this term and provided the media with a copy of the body's quarterly financial reports.

The new procurement procedures will ensure that the institution gets the "best bang for its buck," said Stridiron.

Previous Legislatures did not always engage in competitive bidding, Stridiron added.

"People may be surprised to learn that senators are no longer assigned personal vehicles and that we now pay for our own cell phone service and phones," Malone said. "We have also revamped our procurement, per diem and travel policies — basing them on federal

guidelines. We have implemented true austerity measures and I challenge all agencies of this Government to do the same."

The Legislature previously spent more than \$50,000 annually on cellular phone service alone and that expense has been entirely eliminated. The Legislature is also working toward teleconferencing its meetings so that senators would not have to travel each time a hearing is held, Malone added.

"We need some improved technology in this area, but we will get there," he said.

There are also new rules for employees and all senators and staff are in the process of undergoing workplace sexual harassment training.

"We are trying to protect this institution from further liability," Senator Malone said.

In the coming weeks Malone plans to request that the Inspector General's office review the Legislature's new procedures, the senate president added.



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<p>"DAY DREAM IN UPPER CAROLINA" Fabulous views - Coral Bay to BVI in masonry 3 bdrm/3.5 bath Majestic Mile home. New furnishings, private pool & bdrm suites, hot tub, stone/brick landscaping, solar hot water, shutters, custom cabinets & 10k generator. Cute wood cottage (NC) on property.</p> <p>MLS 11-67 \$1,000,000</p>	<p>"TREE PALMS" Versatile 5 BR 5 BA property with solid rental history. Charming home w/ 2 kitchens, covered verandas, stone entrance, garden fountain, concrete pool and spa deck. Solar panels, and ocean views complete the package!</p> <p>MLS 13-3 \$995,000</p>	<p>"ENIGHED GARDENS" is a 5x4 masonry home in gated .46 ac. garden setting with spectacular views over Pillsbury Sound. Flexible floor plan, expansive decks, wonderful potential "as is".</p> <p>MLS 13-128 \$895,000</p>	<p>"KABEJ PATCH" Caribbean style 5 bdrm pool villa, in a quiet, breezy location in desirable Chocolate Hole. Beautifully finished Brazilian hardwood home w/ stone accents is charming! Walk to beach. Excellent short term rental or private residence.</p> <p>MLS 11-176 \$880,000</p>	<p>"INCOME PRODUCER" 4 Unit Multi-family. Rare opportunity to own a multi-unit property close to Cruz Bay with big ocean views sitting on the hillside above the Westin Resort!</p> <p>MLS 11-359 \$795,000</p>	<p>"COMPLETE THIS DREAM!" Ground work has been laid for you to step in & finish this Fish Bay home! Completed is a solid masonry 2x1 first floor apartment and a detached 1x1 cottage. Great views!</p> <p>MLS 13-129 \$745,500</p>
<p>"UPPER CAROLINA" 3X3 - Recently upgraded & well kept house with 3 income producing units. Easy access to Cruz Bay and beaches.</p> <p>MLS 09-271 \$395,000</p>	<p>"CARIBBEAN COTTAGE RETREAT" Relax in this comfortable home surrounded by trees, orchids and birds. Quiet private neighborhood has deeded rights to a beach. You won't get peace like this at a better price. Don't miss this opportunity!</p> <p>MLS 12-177 \$249,000</p>	<p>"PASTORY CONDO: PALMY DAZE" breezy, vaulted-ceiling, 2 bdrm / 2 bth condo overlooks Pillsbury Sound, cays & sunsets. Well-maintained, furnished and fully-equipped kitchen! Great condo community offers lush landscaping, pool and convenient parking.</p> <p>MLS 13-78 \$639,000</p>	<p>"RAINBOW'S END" AT BATTERY HILL— convenient and close to town! Two bdrms, spacious deck areas and wonderful pool area.</p> <p>MLS 12-358 \$465,000</p>	<p>"CORAL BREEZE" Well kept 2br, 2ba condo live in or continue successful short term rental. Beautiful views of Great Cruz Bay & beyond. Convenient to town & recently added common pool and deck make Bethany Condos unit 6 a great investment.</p> <p>MLS 12-236 \$385,000</p>	<p>"OWN A MONTH IN A LUXURY HOME" Choose a 3 BR 3.5 BA or a 4 BR 4.5 BA villa in upscale Virgin Grand Estates. These 3,000 sq ft villas feature STT & sunset views, pool, AC & more.</p> <p>Priced from \$54,000</p>

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MEET AT EMANCIPATION GARDEN

ZONE 2: SUBBASE / AIRPORT
MEET AT DEPT. OF TOURISM OFFICE
(OPPOSITE NISKY MORAVIAN CHURCH)

ZONE 3: LONG BAY ROAD
MEET AT YACHT HAVEN GRANDE WELCOME CENTER

ZONE 4: SMITH BAY
MEET AT SMITH BAY BUSINESS CENTER (REAR PARKING LOT)

ZONE 5: RED HOOK
MEET AT NATIONAL PARK DOCK

ZONE 6: BOLONGO / BOVONI
MEET AT BOLONGO BAY RESORT (IGGIE'S PARKING LOT)

ST. JOHN

ZONE 1: CRUZ BAY
MEET AT DEPT. OF TOURISM VISITOR CENTER

ZONE 2: CORAL BAY
MEET AT CORAL BAY FIRE STATION

FOR INFO & TO SIGN UP CALL:
STT - 774-8784
STX - 772-0357
STJ - 776-6450

**COME PREPARED. LONG PANTS, HAT,
CLOSED SHOES, SUNSCREEN & GLOVES**

FREE T-SHIRT & WATER FOR ALL VOLUNTEERS!

**MINIMUM AGE REQUIREMENT IS 14 YEARS
ACCOMPANIED BY AN ADULT.**

FREE CUSTOMER SERVICE WORKSHOPS FOR ALL SERVICE INDUSTRY EMPLOYEES

ST. CROIX MAY 7TH - UVI GREAT HALL

9:30 - 11:00 AM CUSTOMER CONTACT EMPLOYEES
12:30 - 2:00 PM CUSTOMER CONTACT EMPLOYEES
2:30 - 4:00 PM MANAGERS & SUPERVISORS

MAY 8TH - HENRY E. ROHLSSEN AIRPORT LOUNGE

8:30 - 10:00 AM TAXI OPERATORS
10:30 AM - 12:00 PM AIRPORT PERSONNEL

ST. THOMAS MAY 9TH - VI PORT AUTHORITY CONFERENCE ROOM

9:00 - 10:30 AM AIRPORT PERSONNEL

MAY 10TH - UVI ADMINISTRATIVE AND CONFERENCE CENTER

10:00 - 11:30 AM CUSTOMER CONTACT EMPLOYEES
1:00 - 2:30 PM CUSTOMER CONTACT EMPLOYEES
3:00 - 4:30 PM MANAGERS & SUPERVISORS
5:00 - 6:30 PM TAXI OPERATORS

ST. JOHN MAY 9TH - JULIUS E. SPRAUVE AUDITORIUM

5:00 - 6:30 PM CUSTOMER CONTACT EMPLOYEES



WORKSHOPS LED BY VIRGIN ISLANDER
DR. BRYAN WILLIAMS,
CUSTOMER SERVICE TRAINER & CONSULTANT

TO REGISTER CONTACT: CANIKA JOHN: 774-8784

EMAIL: ccjohn@usvitourism.vi

ON ST. THOMAS/ST. JOHN

CARLOTTA LUIS: 772-0357

EMAIL: caluis@usvitourism.vi

ON ST. CROIX



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